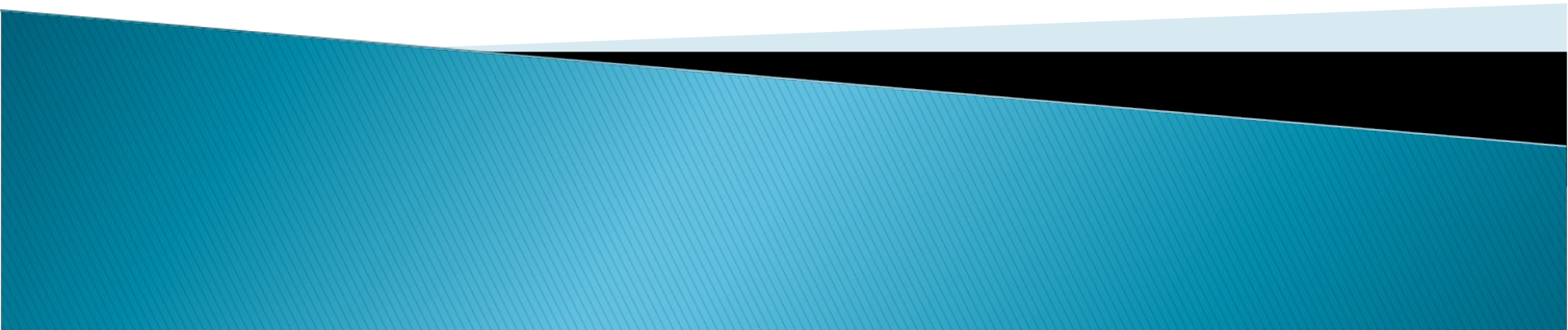


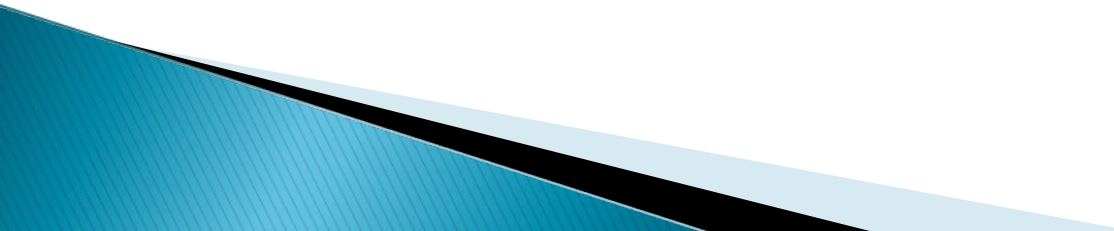
# Developmental Division

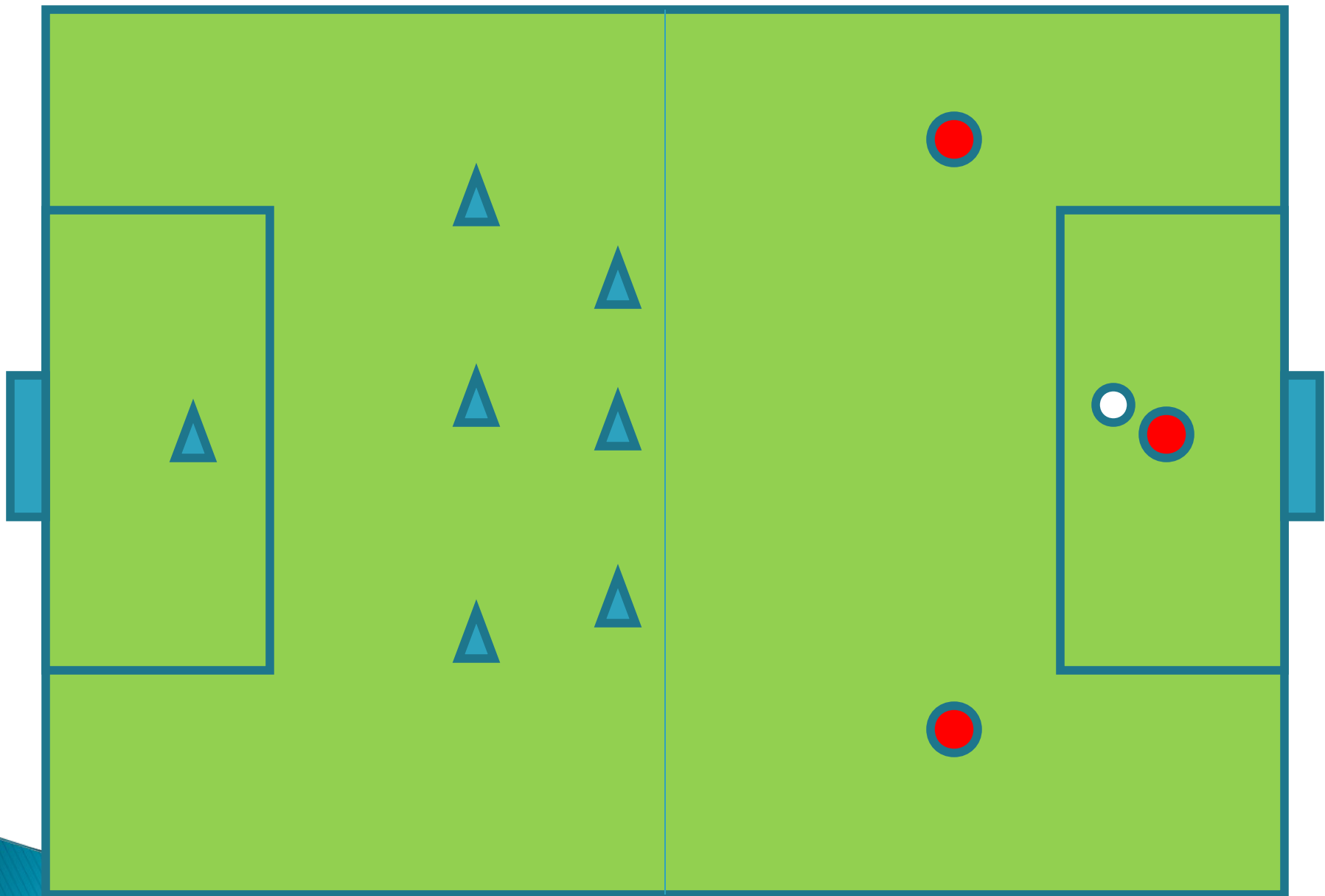
Young Sportsmen's Soccer League

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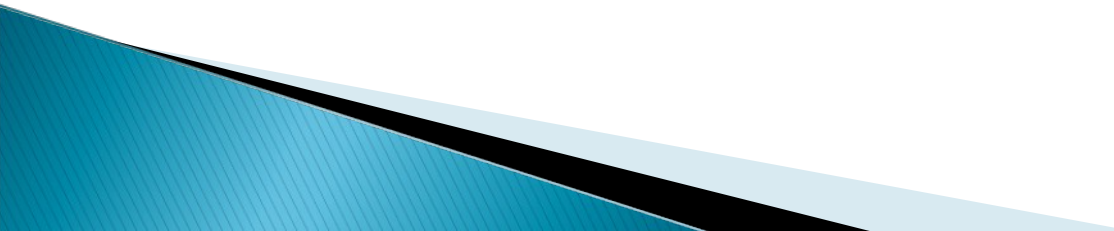


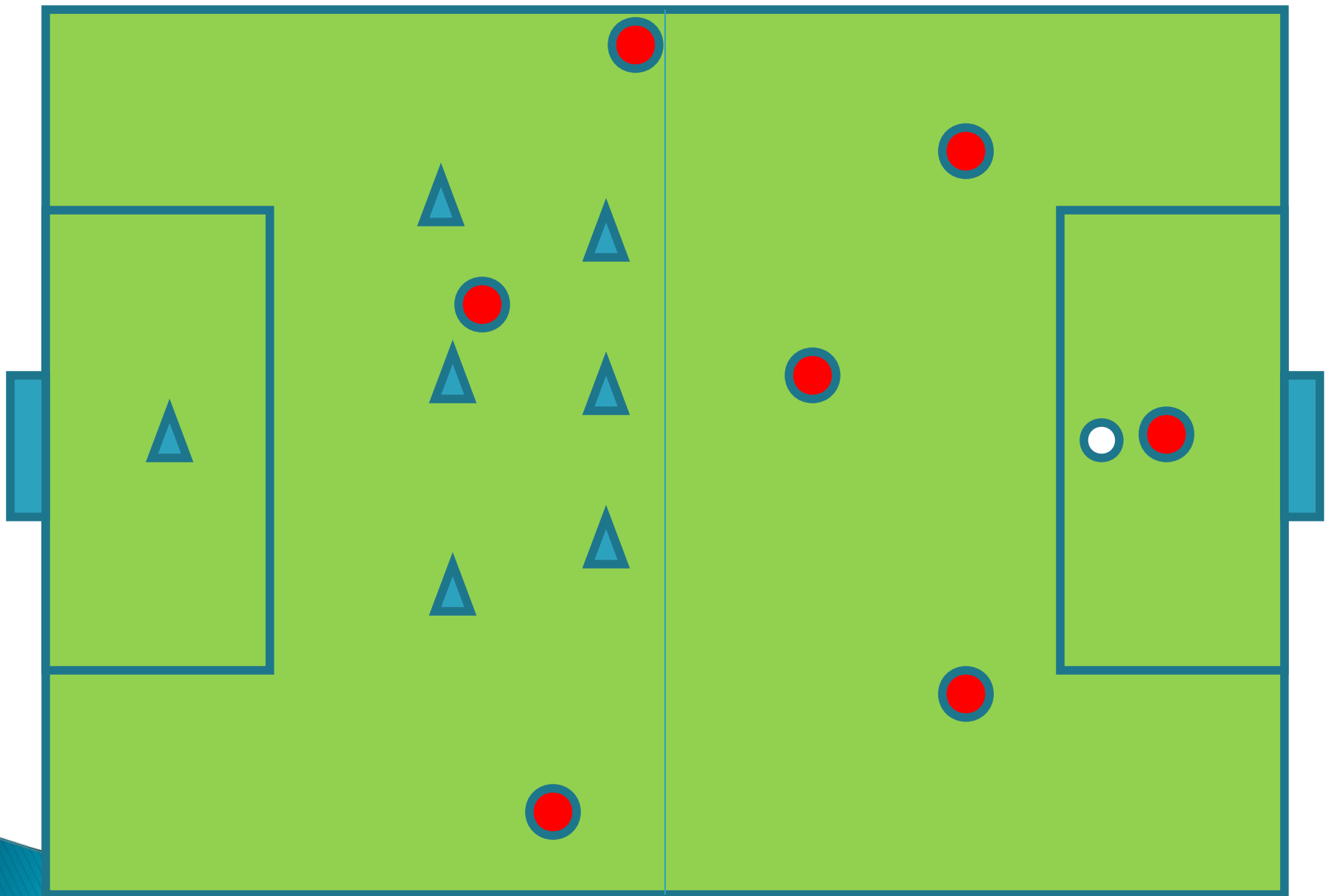
# Under 8 Defending

- ▶ Defending Team drops back to the Half Way line. (On goalkeepers possession and goal kick)
  - ▶ Form of block of 3 – 3
  - ▶ Agreement between coaches to send 1st and 2nd defenders. (Based on score and/or ability)
- 

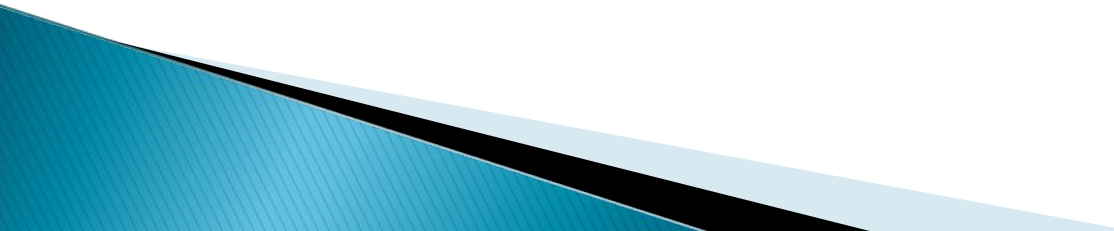


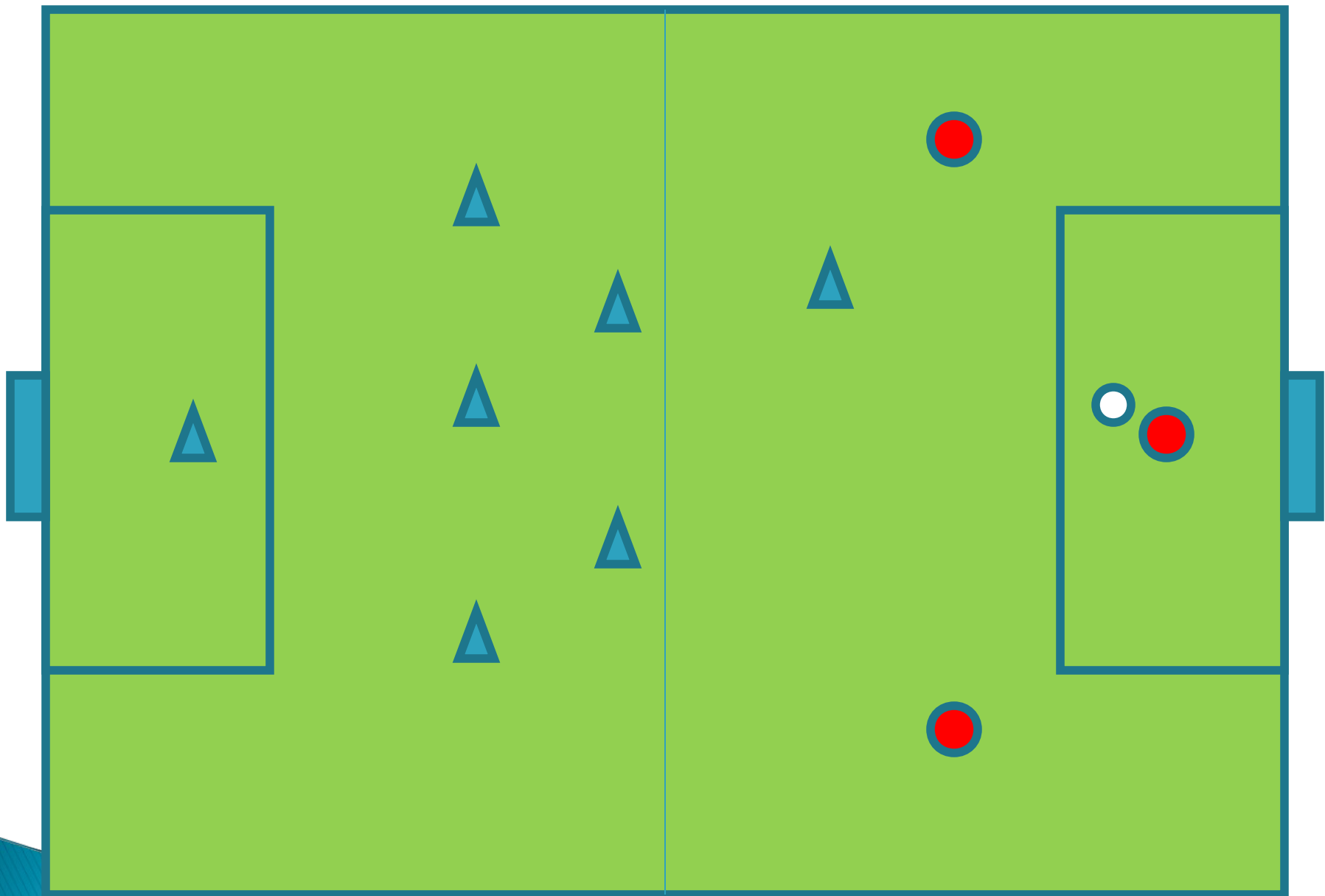
# Under 8 Attacking

- ▶ Goal keeper distribution (Hands and Feet)
  - ▶ Body Shape and first touch of receiver.
  - ▶ Running with the Ball.
  - ▶ Passing back to the goal keeper.
  - ▶ Passing across the halfway line
- 

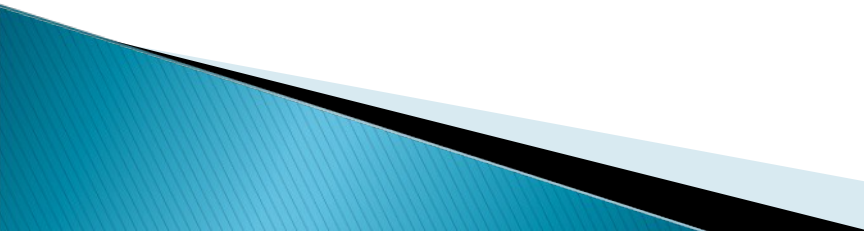


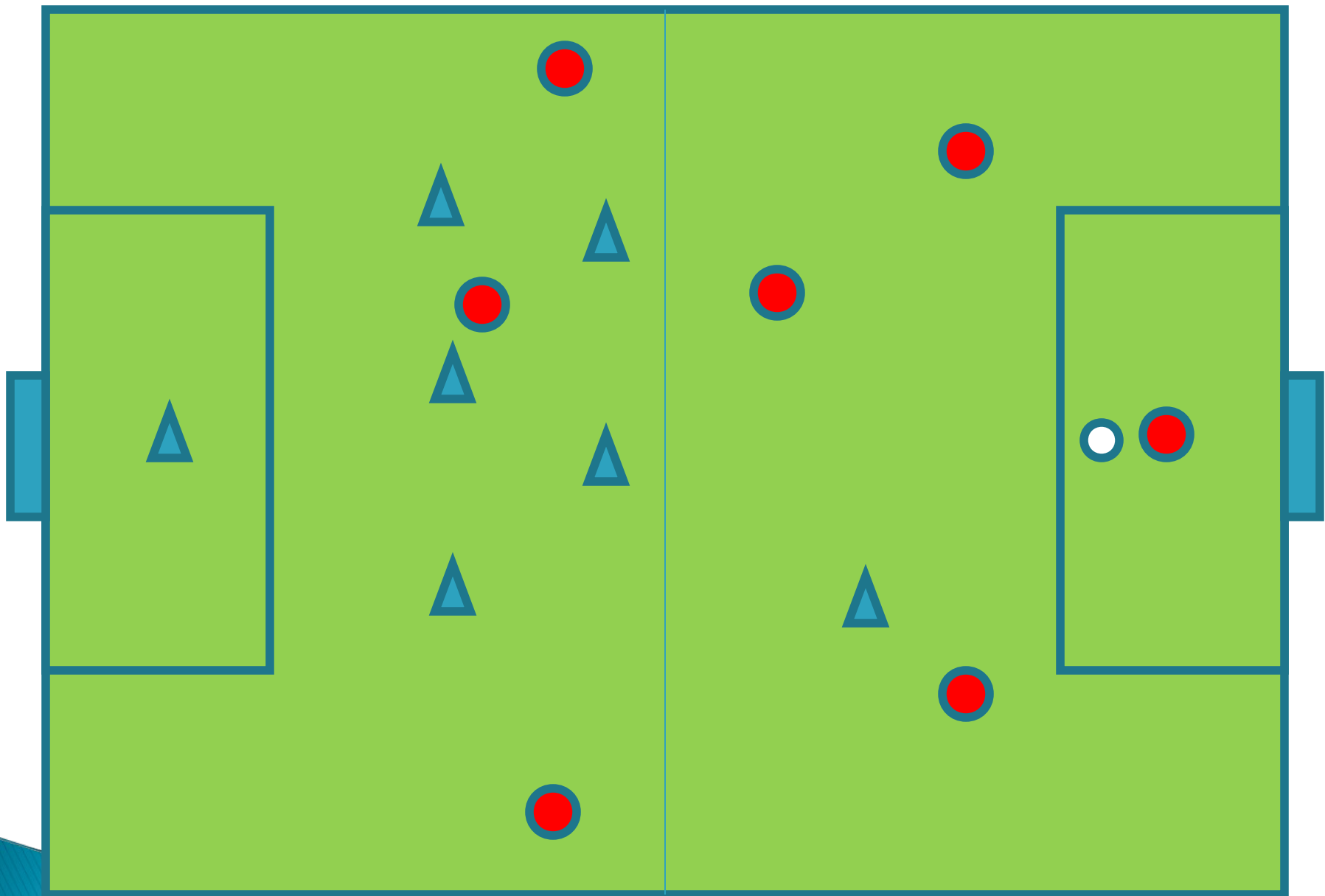
# Under 9 Fall (Defending)

- ▶ Defending Team drops back to the Half Way line. (On goalkeepers possession and goal kick)
  - ▶ Form of block of 3 -2
  - ▶ Send in 1 attacker to pressure the ball (rotate this player each time)
  - ▶ Agreement between coaches to send 2<sup>nd</sup> and 3<sup>rd</sup> defenders. (Based on score and/or ability)
- 

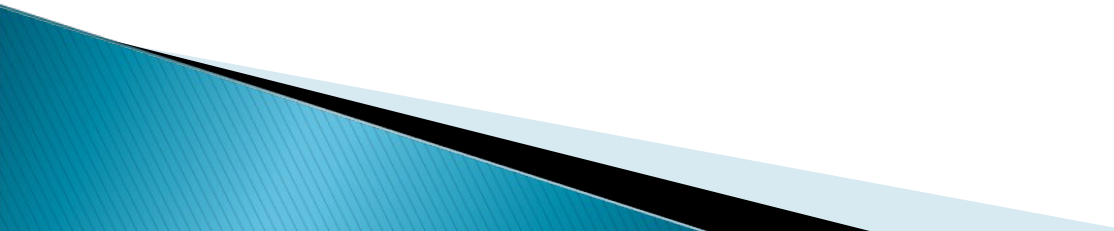


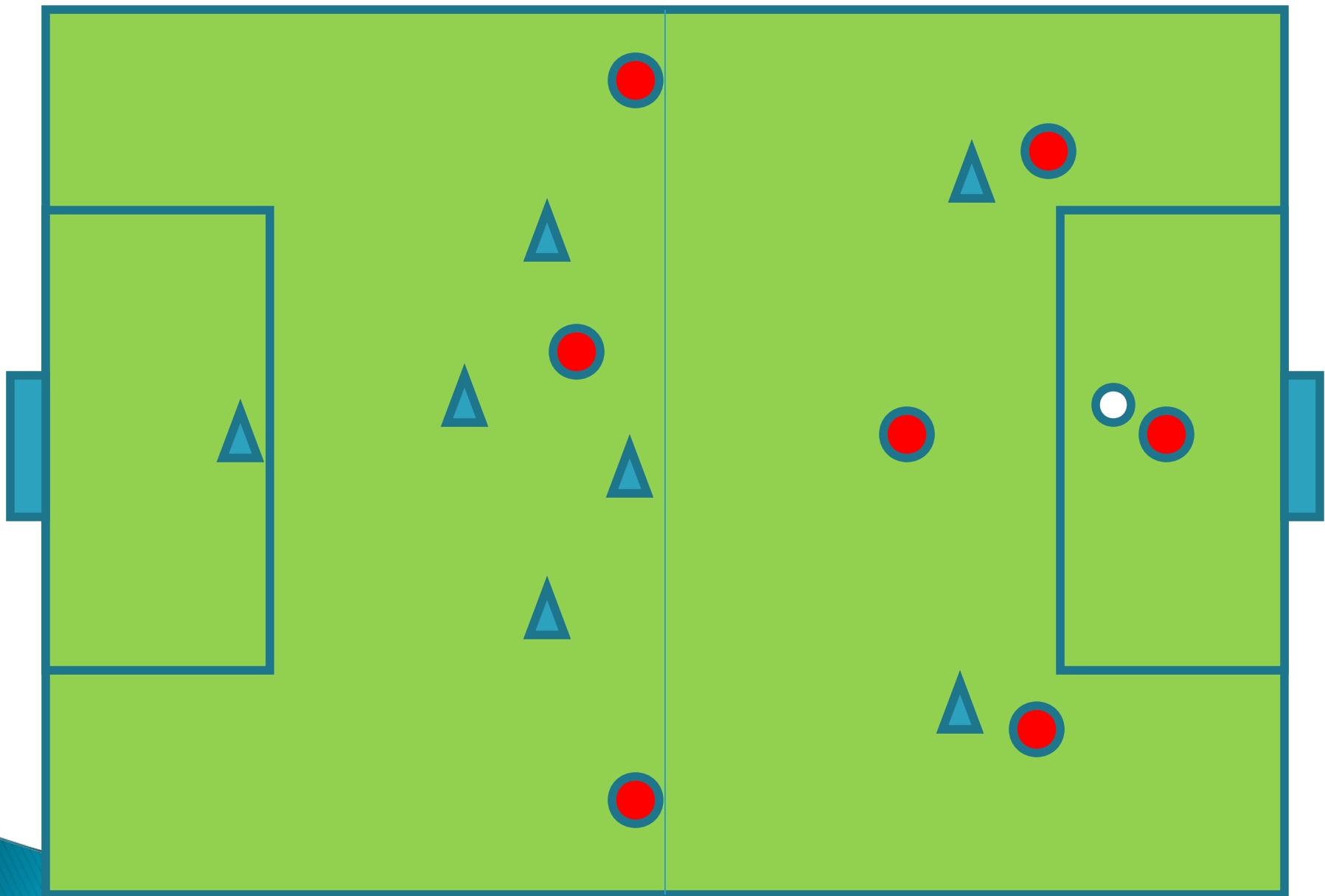
# Under 9 Fall(Attacking)

- ▶ Building out of the back. (GK distribution, passing, receiving and dribbling)
  - ▶ Playing down the flanks. (Running with the ball and outside combinations)
  - ▶ Playing in to a target. (Receiving with back to goal, lay off's, combination play)
- 

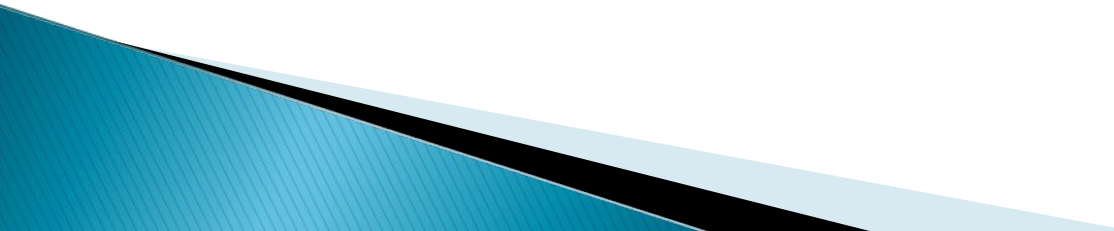


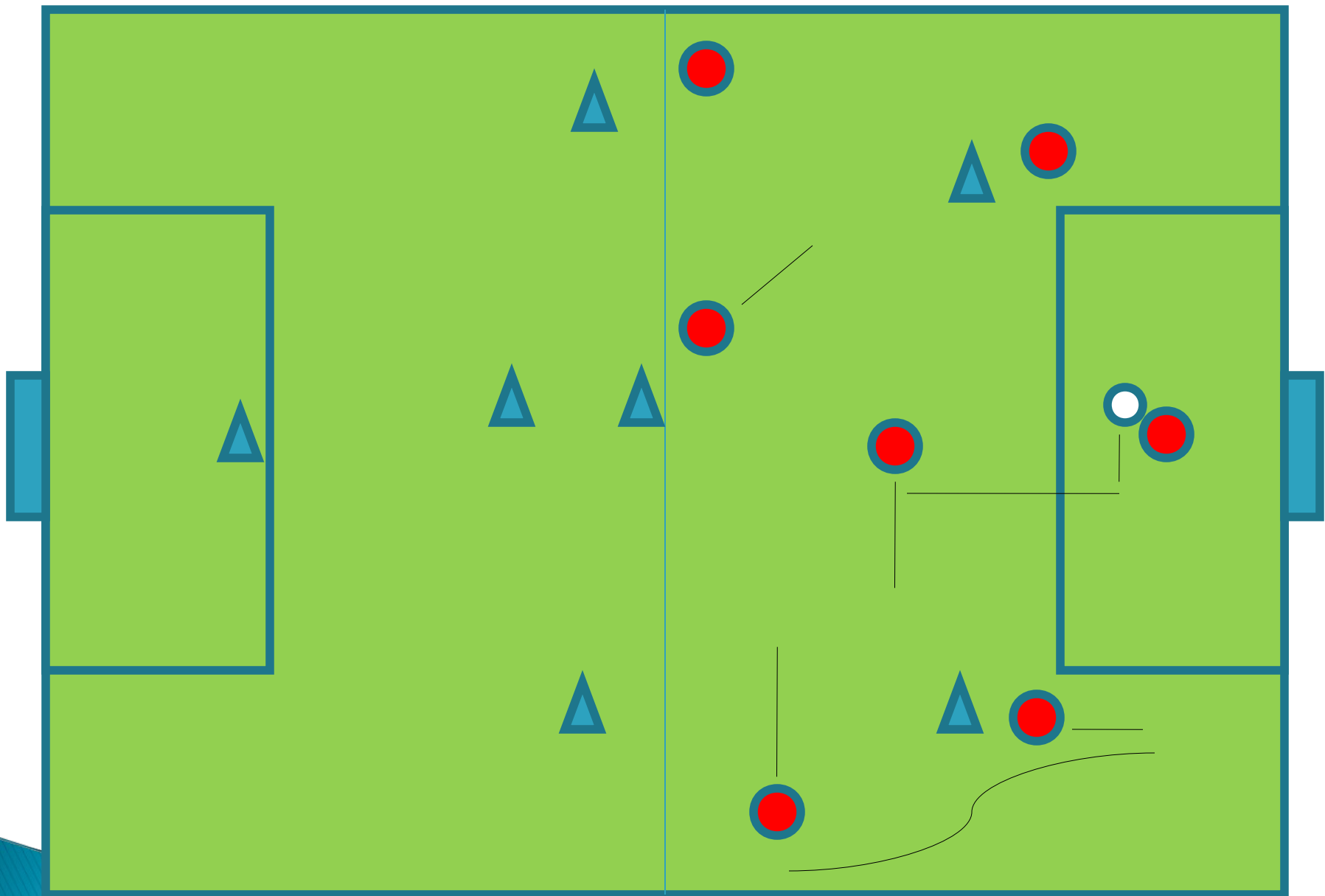
# Under 9 Spring (Defending)

- ▶ Eliminating options.
  - ▶ Send 2 defenders.
  - ▶ Creating numbers up. (2 v 1)
  - ▶ Counter attacking.
- 

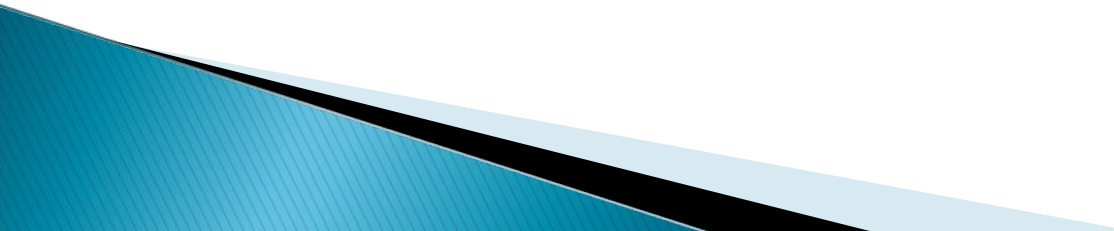


# Under 9 Spring (Attacking)

- ▶ Establishing possession – who, where?
  - ▶ Speed of play – individual and small group.
  - ▶ Playing out of pressure.
  - ▶ Playing the long ball deliberately and accurately.
  - ▶ Counter attacking
- 



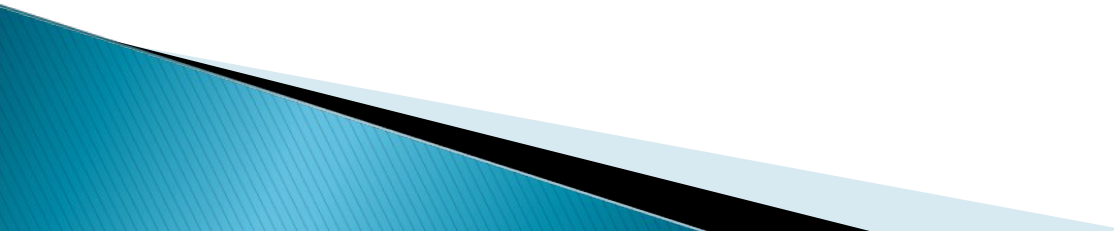
# Under 10 Fall (Defending)

- ▶ Send 3 defenders.
  - ▶ When to pressure high up the field?
  - ▶ When to drop off?
  - ▶ Score of the game.
  - ▶ Time in the game.
- 

# Defending Example

- ▶ Learn from the Best:

# Under 10 Fall (Attacking)

- ▶ Reading the game.
  - ▶ Speed of play.
  - ▶ Build up play.
  - ▶ Direct play.
  - ▶ Counter attacks.
- 

# Attacking Example Youth

- ▶ Does it look like this?

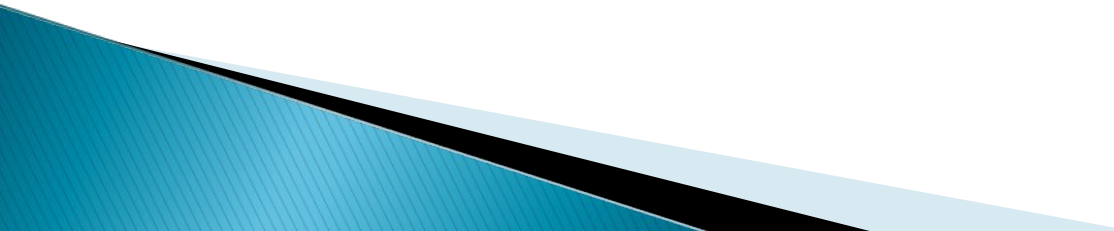


# Attacking Example Pro's

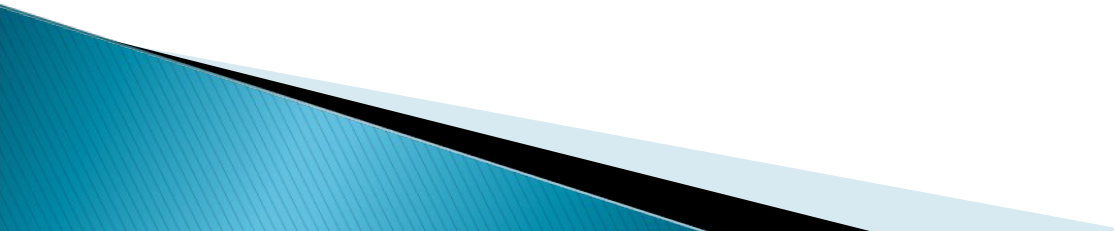
- ▶ Will it end up like this?



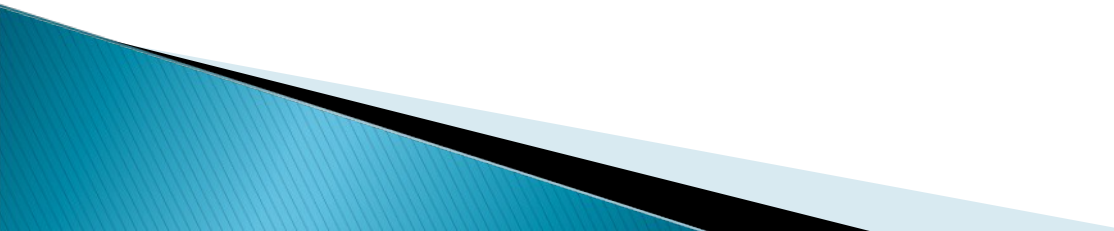
# Under 11 Fall/Spring (Defending)

- ▶ First and last 5 minutes of each half, high pressure.
  - ▶ Defending a lead.
  - ▶ Defending when down a goal or two.
  - ▶ Defending in a block.
  - ▶ Team shape in defense.
- 

# Under 11 Fall/Spring (Attacking)

- ▶ First 5 minutes of each half “over-hitting” passes.
  - ▶ Maintaining a lead (Possession).
  - ▶ Playing when down a goal.
  - ▶ Team shape in attack.
- 

# Under 12 Fall/Spring (Defending)

- ▶ Individual defending
  - ▶ Defending as a group (units in the team)
  - ▶ Reading service
  - ▶ Intercepting passes
  - ▶ Denying penetration.
  - ▶ Interrupting possession.
- 

# Under 12 Fall/Spring (Attacking)

- ▶ Pattern play (“Teaching” mobility).
  - ▶ Breaking down a defense.
  - ▶ Flank play (services into the box).
  - ▶ Move the ball to move the opponent.
- 