



## **SPRING 2010**

### **PROGRAM/COST SUMMARY**

This handout shows what it costs to participate in a Real Boise Club team, first, in a summary table (below), and then, in the subsequent pages, in great detail. For complete club information and description of the training programs, please refer to the “Club Information Booklet” given to you at try outs in June or otherwise, download it at:

<http://realboisesoccer.com/docs/ClubBooklet.pdf>

### **COST SUMMARY FOR SPRING 2010**

Refer to the indicated pages for complete details and finer cost breakdown. These figures indicate cost per player per season (Fall 2009 or Spring 2010) except IYSA player registration, which is annual.

<b><u>PROGRAM</u></b>  (See Page 2 or club booklet for details)	<b><u>CLUB FEES</u></b>  (See Page 2 & 3 for details)	<b><u>TEAM FEES</u></b>  (See Page 4 & 5 for details)			<b><u>OPTIONAL TEAM FEES</u></b>  (See Page 5 & 6 for details)
		IYSA Player Registration (per year)	District III League Team Registration, Referees & Fields (if applicable)	Uniforms (New Players) Note: 2 full sets and used 2 years minimum	
Level 3 Program	\$200	\$38.75, new player	\$30.00 (Aprox.)	\$175.11	See page 5 & 6 for details.
Level 2 Program	\$400	\$16.00, transfer			
Level 1 Program	\$500	\$0.00, Fall 09 player			
Youth Academy (U6-U10) (page 6)	\$75	N/A	Included in Club Fees	\$56.71	

## **1. Club Fees**

The club fees help the club pay for coaches' salary (training fees), guest pro coaches' pay, club training equipment, coaches' development, coaches' apparel, and club management fees.

There are three levels of training at our club. Please ask your head coach what training program your team is subscribed to.

- **Level 3 Training Program Cost: \$200** per season per player.
- **Level 2 Training Program Cost: \$400** per season per player.
- **Level 1 Training Program Cost: \$500** per season per player.
- **Youth Academy Program Cost (U6-U10): \$75** For more information about it, please go to [realboisesoccer.com/youthacademy.html](http://realboisesoccer.com/youthacademy.html) or read at the end of this document.

In general, Club programs start 3 weeks before the beginning of the outdoor season (outdoor season usually starts the first weekend of September and March for Fall and Spring respectively) and are provided until President's Cup, State Cup or Regionals, whichever is applicable to the team. Club Summer and Winter Camps may start earlier.

The training teams will receive in **Spring 2010** follows:

### (1) Level Training Coaching and Schedules

- For Level 3 Training Program Teams
  - Head coach holds a USSF National "D" License coach or equivalent
  - OR Head coach holds a State "D" License or an "E" license, and in addition, the team receives one professional training session weekly.
  - Teams receive 1 summer camp (only year-round teams). For teams participating during only 1 season, camps will be offered at a discounted rate.
- For Level 2 Training Program Teams
  - Head coach holds a USSF National "B" license, National "C" license or equivalent.
  - Teams receive 1 summer camp and one futsal camp in winter.
- For Level 1 Training Program Teams

- Head coach is a nationally license coach and in addition, the team receives training once a week from a USSF National "A" license or equivalent.
- Teams receive 1 summer camp and two futsal camps in winter.

## (2) Programs available to all teams

Note that depend on the training program level a team is subscribed to, the involvement of the team in some of these programs may consequently be basic or intensive. These are all included in your club fees.

- Technical Strength Training Program to improve speed and agility
- Goal Keeping/Shooting Training
- Mental Conditioning
- Nutrition in sports
- Cross Training Activities support
- Game video analysis
- Street Soccer in the summer

## **Coaches' Benefits**

So you have an idea about what our coaches receive at the Real Boise soccer club, I have included below a sample of the main benefits offered to them:

- A year subscription to the US Youth Soccer coaches' connection, which includes:
  - A year's subscription to the bimonthly Success in Soccer Magazine
  - Monthly connection e-mail lesson plans & tips
  - The US Youth Soccer Kwik Kicks monthly e-newsletter
  - Discounted admission to special Coaches Connection Annual Coaches Symposium
  - 10% discount on coaching aids from Success in Soccer product
- A professional "A" License (or equivalent) coach written evaluation to one of their training sessions (if available to the club).
- The Director of Coaching "Selected Book of the Season". Each season or year a book is given to each coach.
- Coaches Continuing Education program; club can reimburse our coaches for coaches courses fees (upon approval of the Executive board).
- 50% off approved official Real Boise CF Coaches Lotto Apparel.
- Club clinic to bring our coaches up to speed about our technical strength program.
- Club Cross Training Director access for their team needs.
- Club Mental Conditioning Staff availability for their team needs.
- Club Speed/Agility Trainer access for their team needs.
- Be able to Play in the indoor soccer Real Boise coaches' team (if available)

## **2. Team Fees**

### **2.1 Idaho Youth Soccer (IYSA) Player Registration, Team Registration, and League Fees.**

**For U13 and older brackets**, assuming 15 players, find below what families should expect as far as IYSA fees. Note that for U10-U12 teams, you should recalculate the figures below assuming your team has 10-12 players instead (the format is 8 v 8 for these age groups). Also, take in account that referee fees are lower for U10-U12 teams since ARs (Assistant Referees) are not used in games.

- **IYSA Competitive Player (new players only):** \$38.75 player per year. (\$16 per transferred player, \$12 per coach and \$5 per manager).
- **District 3 League Entry Fee per season:** \$4.00 per player per season (\$60 per team/15 players).
- **League Referee Fees:** \$20.80 per player per season (Assume 8 league games/season at \$39 per game, which includes ARs, and 15 players-- \$39 was the Spring 09 fee). (\$9.00-\$11.00 for U12 and younger age groups).
- **Referee travel charges:** these are charged at the end of season by the referee association (IYSA sends the club an adjustment bill). It varies but it is around \$1.25 per player per season.
- **League Field Usage:** \$3.43 per player per season (assumes \$12.84 per home game and 4 home games/season). This is looking at Fall/Spring 09 bill for Simplot fields in Boise.
- **IYSA Fees Adjustments:** Referee and field fees may vary depending on games played.

**Cost (total approximate):** **\$68.23**

### **2.2 Uniforms**

The package includes 2 complete top of the line uniforms (Italian brand Lotto). Uniforms will be used for a minimum of 2 years. See attached Lotto Uniform Catalog.

**Cost:** **\$175.11** per player

Note that all logos and number sublimation printing is included. Please see our uniforms at: [www.realboisesoccer.com/uniforms.pdf](http://www.realboisesoccer.com/uniforms.pdf)

### **2.3 Field Maintenance and Administrative Items**

Some minimal miscellaneous expenses will be shared proportionally by all Real Boise teams/players which train at Joplin Elementary soccer field: Paint for marking lines at the Joplin field (only if team trains there), custom mowing the Joplin training field (only if team trains there), club information booklet, speed training program booklet, player card laminations, handout copies etc.

## **3. Optional Team Fees**

### **3.1 Tournament Fees**

A list of tournaments will be discussed with players and parents before the season starts and after establishing team goals with the players. Below, please find some local tournaments we may consider:

#### **SPRING 2010 - SAMPLE**

**Note: Coach will discuss with the team players/parents its participation in Spring 2010 Tournaments.**

- Local Tournaments
  - NW Regionals Indoor Championship, Boise. (Dec26-28)      \$225 per team
  - IISA Idaho Indoor Soccer State Cup (May 1-2), Boise, ID      \$195 per team
  - Les Bois Invitational (May 8-9), Boise, ID      ~\$400 per team
  - IYSA STATE CUP (May 28-31), Boise, ID      ~\$550 per team
  - President's Cup (Tentative, June 5-6), Boise, ID      ~\$450 per team
- In-state Tournaments
  - There are a few in-state tournaments in April & May which club teams may consider: Twin Falls (April 24-25), Pocatello (May 8-9), Coeur d'Alene (May14-16) and Idaho Falls (May 15-16).
- Out of State Tournaments,
  - Depending on the training program level a team is subscribed and its developmental goals some of the out of state options may be discuss by your head coach.

### **3.2 Indoor Soccer League**

- Indoor Soccer Winter Session II (Jan and Feb 2010)      ~\$536 per team, includes refs

### **3.3 Miscellaneous Expenses**

- Coaches' travel expenses to out of town tournaments if applicable (accommodation and transportation).
- Rent of indoor training facilities: If applicable
- YMCA Low Ropes Course: \$20/player. This is an optional building camp in Spring.
- Strength Equipment (new players): ~ \$90/player (yours to keep). Only players interested in doing the technical strength program (included in program). Marbles for feet strengthening work will be also needed in the program.
- Strength Equipment Accessories (returning players): Returning players needing additional accessories or lost items.
- Goal keeper gear: uniform and gloves.
- Optional player/team apparel: A list of optional apparel items is available (see Real Boise Store catalog in our web site). The list includes: training uniform and training t-shirts, warm up suit, warm up jacket, padded coat, wind jacket, rain coat, cap, soccer ball, soccer boots, and back pack.
- Other Player gear: Shin guards, under armour, etc.
- Additional Camps: Teams can request camps to be conducted by the club for their players.

## **4. Youth Academy Program**

- Curriculum: An age appropriate curriculum is designed for the teams. **Technical training and Small-Sided games for individual tactical insight are the core elements of our Youth Academy Program.**
- Professional Training is conducted once a week during a given season. This is in addition to the regular team training (usually one more time a week). League games are played on small sided format (3v3, 4v4 or 5v5)
- Program Price: \$75 per player per season. This includes:
  - Professional and Team training
  - League registration fees, refs fees, and field cost, if applicable
- Uniforms are not included in the \$75 price. Our youth academy players have one full top of the line Lotto (Italian Sports Brand) uniform and its cost is \$56.71 per player (number and logo included). The uniform can be used as long as it fits. (There is no need to buy a new uniform every year. We have a 3 year cycle minimum.
- Youth Academy Web site: Visit [www.realboisesoccer.com/youthacademy.html](http://www.realboisesoccer.com/youthacademy.html) for more information on team formation, and training and league start dates.

**Please, contact Juanjo Carmona, Real Boise CF General Director, at 208-713-8924 with any questions.**

